BOOST YOUR BODY

Talay SignatureClean your skin with Coffee Scrub to remove dry surface skin cells, Whilst the caffeine
found in the coffee scrub typically increases blood flow and yogurt smoothens your skin with Relax Recover
Re-Energize Massage is in reality a mix of Thai Traditional Massage and Aroma massage techniques, Thai Oil
Massage is about giving stretching movements to relax and recharge using in combination with oil in a variety of
techniques to assist you in recovery and Re-Energize.120 mins

Allure Coco Finest ingredient from nature with a combining of scrub and massage using a creamy coconut scrub and Therapeutic healing technique will balance energy flow and enhance relaxation throughout the entire body.

Herb Ball Compress 90 mins The Herbal Compress has been used as a detoxification treatment. Soft balls are filled with a special blend of Thai herbs and are steamed before being pressed onto fatigued muscles.

Hot Stones Hot stone are tenderly applied to your meridian points to ensure the smooth throughout your body with Coconut oil. Restore inner well-being and spiritual harmony with the aid of warm Himalayan hot stone.

PHYTOMER FACIAL TREATMENT PHYTOMER

• **Classical Moisturizing Facial Treatment** Skin is immersed in an intense moisturizing bath and regains comfort and radiance by weaving algae from Hydrasea Mask and Hydra Original Cream. it is plumped up and rested. It combines signature products with ultra-sensory textures and a very relaxing massage to moisturize and comfort the skin, which instantly reveals its natural freshness.

• **Classical Soothing Facial Treatment** This cocoon treatment softens the skin and improves its defense for a soothed and ideally hydrated epidermis, producing a radiant complexion. Truly gentle and comforting, this treatment acts to smooth the complexion with the localized application of Douceur Marine Soothing Cocoon Mask with a fresh and a rich creamy mask which is softly massaged in to make the moment even more enjoyable. It helps to treat the sensations of tight or irritated skin or redness, the epidermis is soothed and complexion is even by Marine Spring Water, Marine Prebiotic Complex and Coralline.

• Classical Anti-Wrinkle Facial Treatment Three key steps in a very high-performance treatment to resurface the skin, fill wrinkles and restructure the face. This facial offers unique results paired with a precious moment of total well-being. It resurfaces the skin using a vegetal exfoliant. It restructures facial skin by combining the use of specifically concentrated ingredients with a high-tech expert youth mask. This facial will give the results of a younger looking face, wrinkles are less visible and skin is firmer and more radiant.



PUILMAN HOTELS AND RESORTS

PHUKET PANWA BEACH RESORT

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ALL PRICES ARE IN THAI BAHT AND ARE INCLUSIVE OF GOVERNMENT TAX AND SERVICE CHARGE.

with oil2,199without oil2,099

2,500

2,199

90 mins 2,399

60 mins

60 mins

60 mins

1,800

1,800

2,000

BOOST YOUR BODY

TALAY

BODY SCRUBS

• Coconut Scrub Healthy blended from nature, the recipe from coconut creamy scrub. The Exfoliating effects help to make your skin smoother and softer.	60 mins 60 mins	1,099 1,099
• Coffee Scrub Clean your skin with coffee scrub to remove dry surface skin cells, Whilst the caffeine found in the coffee scrub typically increases blood flow and yogurt smoothens your skin.	60 mins 90 mins	1,599 2,099
Lunar Massage Stimulate blood circulation with a light to medium pressure massage using a choice of four pure exotic essential massage oils that highlight the lymphatic lines.	60 mins 90 mins	1,599 2,099
Deep Tissues! A firm, deep therapeutic massage that relieves aches, further eases and pampers tired muscles.	60 mins 90 mins	1,599 2,099
Swedish Massage A medium pressure, well-being treatment using massage techniques of Effleurage, vibration, tapotement and Petrissage movements combined with aromatic oils to ease tension, increase the level of oxygen in the blood and improve circulation.	30 mins 60 mins	1,199 1,599
Back Stress Release Ease that troubling backache with a Swedish and deep tissues massage that focuses on meridian energy lines. The use of five elements body oil will calm tired muscles. Specifically targeting back, neck and shoulder areas where you need it most.	60 mins	1,599
Head Massage Travel back in time to find your inner balance. An invigorating pressure point scalp massage using energizing hot oils to open up the pores and refresh you.	60 mins	1,399
Thai Massage Relax in comfy cotton pyjamas as the combination of a meridian point massage and gentle stretching of ancient Thai techniques help release body tension and blocked energy.	90 mins	1,599
Foot Mlassage Experience energy re-balancing massage to promote general health and well-being. Your soles will feel stimulated with positive glowing energy.	60 mins	1,399
Therapeutic Focus Massage	30 mins	1,199

- Relaxing Head massage
- Express Hands & Feet Massage



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